



Southern Sporting Motor Cycle  
Club

**CONTACT**

NOVEMBER

2013

# Contents

Dates for your diary .....	1
Editor's piece.....	2
Can you help?.....	2
President's piece.....	3
Weston Beach Race .....	4
Getting Down in Bowling Town .....	5
Bits and bobs.....	7
Riders for Health .....	8
Caption competition .....	10
Christmas Party menu.....	11
Christmas Party order form .....	12

# Dates for your diary

<b>3<sup>rd</sup> November</b>	London to Brighton Veteran Car Run
<b>9<sup>th</sup> November</b>	Pool night, Rileys, Twickenham
<b>25<sup>th</sup> November</b>	NEC Bike Show, Birmingham
<b>30<sup>th</sup> November</b>	Winter Wonderland, Hyde Park
<b>14<sup>th</sup> December</b>	Christmas Dinner
<b>21<sup>st</sup> December</b>	Christmas breakfast at Sam's Café
<b>4<sup>th</sup> January</b>	Ice skating, Hampton Court

## Editor's piece

Not much has been happening on two wheels over the past couple of months – due to club runs being cancelled because of bad weather. But luckily there always seems to be something interesting happening where motorbikes are concerned, so I've found a few things to write about this month! Don't forget to buy your tickets for Motorcycle Live at the NEC ([www.motorcyclelive.co.uk/](http://www.motorcyclelive.co.uk/)) – if we can get a big enough group to go on Monday 25<sup>th</sup> November we might actually manage to give Spanner the birthday bumps! Lots of action on the social front, so please keep an eye out for email and Facebook reminders from Doug – first up, he needs your money and menu choices for the Christmas Dinner! Keep reading ....

**Amoret Whitaker – Editor**

## Can you help?

There is a very strong possibility that Mrs Mason will be selling her house next year and, assuming the scheme is still operational, this means we will need to find a new home to store the scheme bikes.

Ideally it needs to be somewhere fairly local for ease of transferring to the school, and if possible with electricity.

It also needs to be very, very cheap to rent. We currently pay peanuts.

So far the Training Scheme has managed to keep operating, but if a garage can't be found, cheaply, this along with the insurances that will need to be paid, could end up being an expense too far.

We would like to try and keep going for as long as we can, so if you do know of a garage, or know someone who might be able to help, can you please contact:

**Heather Wallace - Training Scheme organiser - [training@ssmcc.co.uk](mailto:training@ssmcc.co.uk)**

## President's piece

Hi all – hope you are serving the autumn weather. The trip to Horham had to be cancelled and looking at the forecast for 20<sup>th</sup> October Arundel ride it is not looking good! So let us hope on 3<sup>rd</sup> November the weather is kind to us for the Brighton run – the last of the year.

Also in November, on Monday 25<sup>th</sup> we are going to the NEC in Birmingham to the Motor Cycle Show – see Mick Wallace for time and place of meeting. This is the third time we have gone to the NEC on Spanners birthday! Sorry about that Ian, at least you can buy yourself a nice present.

I think Doug will have the menu and cost for the club do at Harrisons, Shepperton put in this month's Contact – save the date – 14<sup>th</sup> December. Please let him know your choice and the money as soon as possible so we can work out numbers.

The trial we held in September went off very well and we did make a surplus. The committee decided that this money will be put towards the indemnity insurance at the training scheme.

By the time you read this an hour may be out if you have not changed the clocks! Winter is upon us so get the thermals out. The 21<sup>st</sup> December is the last Saturday before Xmas; see if you can get to SAMS café for a Christmas breakfast at 11.00am sharp, rugby permitting.

Keep your eyes scanning Contact as there could be a trip to Winter Wonderland in November and ice-skating in the New Year?

Is anyone interested in an after Boxing Day run on Sunday 29<sup>th</sup> December, leaving my house at 10.30am going to Hayling Island? I will be going in a car, but you can use any transport you like! Something to blow the cobwebs away – please let me know. As long as there is no snow!

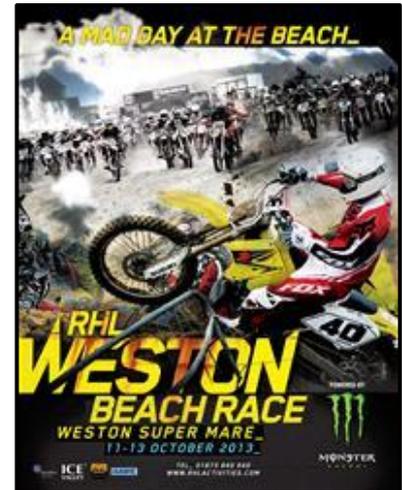
The training scheme has picked up over the last few weeks, not sure how long it will last, I think it will be the weather that is the decider. I would just like to thank all the Instructors, Assistance and Helpers that on a Saturday use their time with bike collection and playground set out. Thank you.

Hope to see you out and about! Weather permitting.

**John Mason – President**

# Weston Beach Race

The RHL Beach Race, held this year from 11<sup>th</sup>-13<sup>th</sup> October, is celebrating its 31<sup>st</sup> year in 2013. Held on the Weston-Super-Mare seafront, the course takes a week to build, features around 200,000 tonnes of sand, has more than 30 mountainous sand dunes, a 6.9 kilometre course, and a 2.5 kilometre straight where riders can reach speeds of up to 100 mph. The packed three day programme includes youth 125/250 and 65cc races on the Saturday, followed by the adult quad and sidecar three hour endurance race. The main race takes place on the Sunday afternoon, the adult solo race in which hundreds of bikers compete in a gruelling three hour endurance race around the beach course.



Beach racing is known to be very tough on the bikes, small sand particles can damage wheel bearings, chains and sprockets, and the soft, sandy surface increases the demand on engines and clutches. Experienced beach racers typically follow meticulous bike maintenance prior to the event in order to ensure their bike will not fail. Introduced this year was a motorcycle

training session where riders were given tips and advice, a quad academy to teach people how to 'ride Weston', walking part of the track and giving advice on how to tackle the dunes and multiple jumps. There was also a charity 'Walk the Track' event on the Friday afternoon in aid of Walking the Wounded where all riders were able to walk the track while raising money for the cause.



How about making this a club outing next year?!

**Amoret – Editor**

Information, reports and final results can be found here: [www.rhlactivities.com/weston\\_beach\\_race/](http://www.rhlactivities.com/weston_beach_race/)

Videos can be found here: [www.itv.com/news/west/story/2013-10-11/weston-beach-race/](http://www.itv.com/news/west/story/2013-10-11/weston-beach-race/)

## Getting Down in Bowling Town

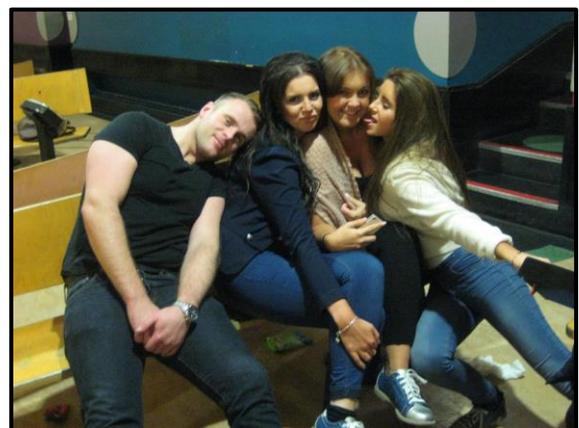
Saturday 19th October saw us once again visit the Heathrow Bowl for a night of action on the lanes. If I had to pick a theme I think it would have to be 'gravity', as the presence of that particular law of nature was very evident right from the start. Both Flossy and Heather took a trip to the polished wooden floors; however one must hasten to add not together! Flossy put his down to a shoe malfunction whereas I think Heather was perhaps just over enthusiastic with her technique. Once shoes were replaced and technique honed it was on with the games.



We had 3 lanes in action and on the first of these we had a 'ghost' player, as Lorna was running fashionably late. Chilly, Flossy and myself took it in turns to take Lorna's throw for her ... which was probably a mistake as if we hadn't noticed and sabotaged the last throw she'd have won the first game! Please don't tell her though, as I think we got away with it ...

Lane 2 was a star studded affair with Ian, Amoret, Heather and Estelle going for glory. Ian got the highest score of the first game with an impressive 115 and the rest of the team certainly matched him for vocal support. I'm pretty sure some of the arm waving and dancing was picked up by Heathrow Air Traffic Control, such was the enthusiasm. I did notice one or two fracking protestors outside as we left, muttering something about strange seismic recordings, but that might have been the team on lane 3 ...

Lane 3 brought a youthful elegance to proceedings with Sam Wallace and friends showing us that The Only Way Is ... Something ... Apparently it is possible to bowl, update Facebook and tweet all at the same time ... Who knew? Shut up ... It was great to have them along, though, and I'm sure the dents in the floor will polish out with a bit of T-Cut.





Lorna made it just in time for game two and was perhaps given a slightly false impression of ability when Chilly, then Flossy, then even I managed to get strikes on our first balls. We all soon demonstrated a more realistic form during the game, although there were reports of greasy balls affecting play. I absolutely had not eaten any chips, no, not me ... never m'lud ...

In the end the three games came and went (or four games for those with sufficient assets to convince the attendant to give them another go -

Spanner) and Flossy ended the evening, new shoes, greasy balls and all, on top with a great score of 131! [With Spanner following hot on his heels with 130! – Ed.]



I think it was also a fitting way to welcome our latest member, Lorna, to the club and I hope she had as much fun as we did.

The final scores were:

Lane No.	Member	Game 1	Game 2	Game 3	Game 4	Mean score
1	Chilly	94	120	102	-	105.3
	Flossy	111	131	110	-	117.3
	Doug	113	121	98	-	110.7
	Lorna	104	74	84	-	87.3
2	Amoret	87	54	102	83	81.5
	Spanner	110	115	111	130	116.5
	Heather	108	99	88	76	92.8
	Estelle	81	103	107	79	92.5
3	Sammi	67	111	73	-	83.7
	Leoni	82	86	96	-	88.0
	Kirsty	104	87	99	-	96.7
	Bradley	93	86	99	-	92.7

A massive thanks to those that came along and made it a fab night all round. The next big night out is a Pool night in Rileys, Twickenham, on 9th November. You should all have had an invite, but if not please drop me a line. I've planned the start for 8pm too, as the feedback I've had is that 7pm is a bit of a rush after the training scheme, especially for those who aren't a fan of cheesy chips and would rather eat beforehand. It gives me a little longer to put my face on and do my hair too!

See you all there ...

**Doug Chaney**  
**Social Secretary**

## Bits and bobs



Prawn to be wild?

Does it run only on Shell petrol?

Taken from:

[www.facebook.com/bennettsbike](http://www.facebook.com/bennettsbike)



**Win a scooter, helmet and iPhone 5c – in a choice of five colours!**

Bennetts are giving away five brand new Piaggio Fly 125 scooters in their latest competition! Each scooter comes in a unique package worth over £4,000,

including Apple's new iPhone 5c and Nolan's versatile N43 Air helmet, fitted with the company's latest N-Com Bluetooth communication system, enabling you to keep connected while you commute. The scooters will be given a unique custom paint scheme by Altamura Concepts, who created the awesome Bennetts Yamaha R1 and they will customise the Piaggio's to match the vivid colours of the partner iPhone. Entering is simple! Visit the [Bennetts Facebook](#) page or [sign up for a free Bike Social profile](#)! Closing date: 9pm Sunday 1<sup>st</sup> Dec 2013.



**Biker Thought for the Month ...** *There are two types of people in this world – people who ride motorbikes, and people who wish they could ride motorbikes.*

## Riders for Health

I was honoured to be invited to this year's Women of the Year lunch, held at the Intercontinental Hotel on Park Lane on 14<sup>th</sup> October. This prestigious event, now in its 59<sup>th</sup> year, has been taking place since 1955, and celebrates women's achievements – including athletes, charity campaigners, scientists, artists – the list goes on!

This year's Woman of the Year is Andrea Coleman (pictured right), who together with her husband Barry founded the international social enterprise *Riders for Health* in 1990. Since then, Andrea has been a driving force behind the organisation's work, revolutionizing African transport infrastructure and health systems.



“Moving global health forward” is the company strapline, and put simply, they manage and maintain vehicles in sub-Saharan Africa to enable health workers to deliver vital health care to rural communities on a reliable and cost-effective basis.

It all started with motorcycle racing – Andrea bought her first motorbike at the age of fifteen and a half, and went on to become a glamorous female motorcycle racer, and Barry was a journalist who sometimes wrote articles about it. Originally raising money for Save the Children, on a trip to Somalia they were struck by all the broken-down motorcycles which were intended to deliver health care to rural communities. The majority of the population of sub-Saharan Africa live in rural areas where the best roads are little more than dirt tracks. Public transport is infrequent and delivering health care on foot or by bicycle between sparse villages is an exhausting and ineffective task.

And so *Riders for Health* was born.



They now manage motorcycles, ambulances and other four-wheel vehicles used in the delivery of health care in seven countries across Africa. At the core of their work is both training and preventive vehicle maintenance. By running reliable vehicle fleets, they ensure that the chain in health care delivery is never broken by failing vehicles thereby increasing health worker productivity. Their belief is that it is far cheaper to keep a vehicle running efficiently over time than to repair it when it breaks down completely. Their programmes provide training and employment opportunities to build local capacity, and their network of highly skilled technicians regularly travels to service vehicles in the communities in which health workers serve. This means they don't waste valuable time travelling to a garage when they could be with their patients. In addition to training health workers to drive safely in the difficult terrain, they also train them to carry out daily checks on their vehicle.



*Riders for Health* work with ministries of health, international and African non-governmental organisations (NGOs), private-sector organisations, local community-based organisations and religious groups, to improve access to health care for 12 million people. As a social enterprise, they charge their partners a not-for-profit fee to ensure the sustainability of their programmes.

Put simply, without reliable transport the millions of pounds that is invested in vaccines, drugs, bed-nets, condoms and trained health professionals every year may be wasted if they fail to get to where they are needed on time.

You can find out more about *Riders for Health* at: [www.riders.org/](http://www.riders.org/)

**Amoret – Editor**

A mobilised health worker on a well-managed motorcycle can reach up to

**six times more people**

## Caption competition

### Winning caption:

Fed up with her ineffective British male, Heather was advised to try shagging a Pole

### Best of the rest:

Somebody needs to tell the Boss that to be a "successful" pole dancer she needs a little LESS protective clothing on.

The combination of Mick's crash diet and Heather's reduced visibility nearly caused an accident.

Heather thought it wise to don a bit of safety gear before trying the upside-down manoeuvre.



The local lollipop lady practices her pole dancing routine during her lunch break.

Hey, H, you're wearing the wrong specs, that's not Mick!!!



## November's picture

Because it's Halloween ...

Send your suggested captions to me at: [a.whitaker@nhm.ac.uk](mailto:a.whitaker@nhm.ac.uk)

# SSMCC Christmas Party

Saturday 14<sup>th</sup> December 2013 7:30pm to midnight  
Harrisons Hotel, Russell Road, Shepperton TW17 9HX

\*\*\*\*\*

## Menu

Hearty Winter Vegetable & Pearl Barley Broth

\*

Warm Somerset Brie & Beetroot Chutney Tart Served with Dressed Rocket

\*

Chicken & Peppercorn Terrine with a Tomato Relish

\*\*\*\*\*

Roast Norfolk Turkey Served with Sage & Onion Stuffing, Sausage wrapped in Bacon, Roast Potatoes & Traditional Vegetables

\*

Roast Topside of Beef Served with Forestiere Sauce, Roast Potatoes & Traditional Vegetables

\*

Baked Salmon Served with Parmentier Potatoes & a Watercress Cream Sauce

\*

Mushroom, Artichoke, Asparagus & Crème Fraîche Lattice served with Parmentier Potatoes & a Herb Butter Sauce

\*\*\*\*\*

Traditional Christmas Pudding Served with Brandy Sauce

\*

Belgium Chocolate Cheesecake served with Cream

\*

Individual Lemon Tart served with Raspberry Coulis

# Christmas Party Order Form

**COST: £27 per person\***

Please make cheques payable to SSMCC and send (together with this completed form) to\*\*:

**Doug Chaney  
Flat 4  
3 Bolton Road  
Chiswick  
W4 3TE**

**Guests**

**Name:** .....

**Name:** .....

**Name:** .....

**Name:** .....

**TOTAL £.....**

Please indicate choice of dish (starter, main & dessert)		Guest name			
<b>Starter</b>	Winter broth				
	Brie tart				
	Chicken terrine				
<b>Main</b>	Roast turkey				
	Roast beef				
	Baked salmon				
	Mushroom lattice				
<b>Dessert</b>	Christmas pudding				
	Chocolate cheesecake				
	Lemon tart				

**PLEASE NOTE:**

\* The cost is the same for members and non-members, as there's no club subsidy this year

\*\* Deadline for FULL payment is the end of November