



## The Southern Sporting Motorcycle Training Scheme



**CBT Training  
Post CBT Training to Test Standard  
Post Test Training (ERS)**

**Driving Standards Agency Approved**

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**Website: [www.ssmcc.co.uk](http://www.ssmcc.co.uk)**

### Who are we?

The Southern Sporting Training Scheme has been running locally for over 60 years. We were the only officially appointed training scheme in the area approved by R.A.C and Auto Cycle Union and are now approved by the Driving Standards Agency (DSA) for CBT and Post Test training via the Enhanced Rider Scheme (ERS).

Our scheme is part of the Southern Sporting Motorcycle Club and our instructors are all voluntary members. Our Instructors do not receive any form of payment and all profits are re-invested to support the training scheme in order to provide a low cost, effective and safe way of learning to ride a moped or motorcycle. By taking our training you will become a training member of our Motorcycle Club.

### Where are we?

We operate from the 'Isleworth Town Primary School' located nearly opposite the West Middlesex Hospital's main entrance in Isleworth. We are open for training each Saturday afternoon starting at 2.00pm and finishing at 4.30pm.

### What do I need to ride a bike?

Firstly a provisional licence entitling you to ride either a motorcycle or moped. A crash helmet, gloves, boots (strong shoes) and ideally a waterproof/padded jacket.

### Where can I buy these items from?

Any good motorcycle dealer or accessory shop should be able to provide you with these basics, although shops specialising in motorcycle clothing accessories will often give a greater range and be slightly cheaper. For some suggestions as to local shops around the Isleworth / Twickenham areas, visit the links page on our website.

### How much does training cost?

*Basically your speed of learning it is up to you!*

For CBT we charge a booking fee plus a per week training fee. For the latest prices please call our organiser.

For this we supply you with:

- \* A bike to learn on (choice of Manual or Automatic gears)
- \* Insurance
- \* Fuel
- \* Instructor (usually one to one tuition)
- \* A safe off road environment
- \* Radio communication when on the road
- \* Free tea, coffee and biscuits
- \* And when qualified, a CBT Certificate.

### Post CBT Training ?

We can offer training to both the Practical Test Standard (including preparation for the Theory Test if required) and beyond Test standard if required.

Again we can offer you training by the week. You may either supply your own bike or use one of ours (subject to availability).

We can also hire you a bike for you to pass your DSA Practical Motorcycle test.

### Interested?

Call our organiser:

**0870 7582201 (evenings)**  
or E-Mail: [training@ssmcc.co.uk](mailto:training@ssmcc.co.uk)

Interested in becoming a full member of our bike club?

**Bike Runs, Meets, Social life and Fun!**

Again call for more details or visit our website

**Website: [www.ssmcc.co.uk](http://www.ssmcc.co.uk)**

## Useful Information on Motorcycle Licensing and Testing

**IMPORTANT:** The information given in this leaflet is only a guide and is believed correct at the time of going to press. For up to date information please contact either the DSA or DVLA as appropriate.

### Compulsory Basic Training (CBT) for Motorcyclists and Moped Riders

All learner motorcycle and learner moped riders must complete a CBT course before riding on the road.

Also, with effect from 1 February 2001, all new car drivers wanting to validate the full moped entitlement granted with their full car licence, must complete a CBT course.

CBT courses can only be provided by Approved Training Bodies (ATBs) such as the Southern Sporting Training Scheme.

The CBT course syllabus includes five elements that have to be completed in sequence:

- Element A - Introduction.
- Element B - Practical on-site training.
- Element C - Practical on-site riding.
- Element D - Practical on-road training.
- Element E - Practical on-road riding.

When you have satisfactorily completed all five elements you will be issued with a Certificate of Completion of Training (DL196). This is a legal document which serves to validate the relevant entitlements on the driving licence.

The DL196 only allows you to ride on the public road unaccompanied. You are still a learner and must comply with all appropriate legislation such as having learner plates and riding solo at all times.

### The DL196

It is important that the holder of a DL196 certificate considers the following points:

A DL196 certificate validating a provisional moped or provisional motorcycle entitlement lasts for 2 years. CBT will have to be re-taken if both theory/practical tests are not passed within the 2-year certificate life. A DL196 certificate validating a full moped entitlement is not subject to expiry.

You do not have to take CBT again if you hold a full motorcycle licence and wish to obtain a licence for another category of motorcycle.

Riders who have completed their CBT course on a moped with more than 2 wheels or who used a motorcycle/sidecar combination are restricted to riding those machines as a learner.

Once you have your Certificate (DL 196) you are advised to take additional training to pass your theory and practical (or "Part 2") tests and qualify for a full motorcycle or moped licence. Again the Southern Sporting Training Scheme can help with this.

### Theory Test

You will need to pass a Theory Test before taking a practical test for a moped or motorcycle. You do not need to take a Theory Test if you have passed a moped test since 1 July 1996. The Theory Test Pass Certificate is valid for 2 years. The practical test must be passed within this period otherwise the Theory Test will have to be taken again.

### Full Motorcycle Licence Options

There are 2 types of full motorcycle licence to aim for:

A light motorcycle licence (A1) which restricts riders to any bike up to 125cc and a power output of 11kW. The practical test must be taken on a bike of between 75cc and 125cc.

A standard motorcycle licence (A) is obtained if the practical test is taken on a bike of over 120cc but not more than 125cc and capable of at least 100km per hour.

After passing the standard motorcycle practical test you will be restricted for 2 years to riding a bike of up to 25kW and a power/weight ratio not exceeding 0.16kW/kg. After this you may ride any size of bike.

However, riders age 21 or over, or those who reach 21 before their 2-year restriction ends, have other options, namely Direct Access or Accelerated Access. Unfortunately the Southern Sporting Training Scheme being voluntary in nature is unable to assist with Direct or Accelerated Access.

A new practical motorcycle test is due to be introduced at the end of 2008 from a network of new "Multi-purpose" test centres. The new test will differ from the current test in that new more demanding special manoeuvres will be included, undertaken in an off road environment (unlike the current 100% on road version). The need for and content of CBT and the Theory test are unaffected by this change

### Mopeds and Motorcycles

A moped is a motorcycle that has the following features; 1) Maximum Design speed not exceeding 50kmh (approx. 31mph). 2) An engine capacity no greater than 50cc

A learner motorcycle has the following features; 1) Engine up to 125cc. 2) Power output not exceeding 11kW.

### Further Information

#### Driving Standards Agency (DSA)

(This is the body responsible for overseeing all rider testing and rider training standards)

Website: [www.dsa.gov.uk](http://www.dsa.gov.uk)

Telephone: 0115 901 2595 (CBT Enquiries)

Telephone: 0300 200 1122 (General Enquiries)

#### Driver and Vehicle Licensing Agency (DVLA)

(This is the body responsible for amongst other duties, all driver/rider licensing records and vehicle records)

Website: [www.dvla.gov.uk](http://www.dvla.gov.uk)

Telephone: 0870 240 0009 (Driver Licensing Enq)

Telephone: 0870 240 0010 (Vehicle Related Enq)